



Martedì 4 Febbraio 2014

Area riservata ai docenti

Utente Password

[» Entra](#)
[» Problemi di password](#)
> [Psicologia](#)> [Offerta formativa 2012/13](#)> [Offerta formativa 2011/12](#)> [Offerta formativa 2010/11](#)> [Offerta formativa 2009/10](#)
[» Lauree triennali N.O DM 270/04](#)
[» Lauree magistrali N.O DM 270/04](#)
[» Lauree triennali V.O DM 509/99](#)
[» Laurea triennale a distanza - Nettuno V.O DM 509/99](#)
[» Lauree triennali Interfacoltà](#)
[» Scuole di specializzazione](#)
> [Offerta formativa 2008/09](#)> [Organizzazione e strutture](#)> [Studiare a psicologia](#)> [Personale](#)> [Comunicazioni](#)> [Documenti online](#)> [Link utili](#)> [Specializzazione](#)> [Bandi](#)
[» DPG](#) [» DPSS](#) [» DPA](#) [» BIBLIOTECA](#) [» SICI](#) [» LIRIPAC](#) [» TUTORATO](#) [» SAP](#) [» TIROCINI](#)
[Home](#) / [Offerta formativa](#) / [Social Psychology of Health](#)**SOCIAL PSYCHOLOGY OF HEALTH**

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Corsi di laurea / indirizzi:

> Lauree magistrali N.O DM 270/04 / [Psicologia sociale, del lavoro e della comunicazione \(M-3\)](#)

Prof. Vaes Jeroen

[Sede e calendario lezioni](#)[Dati statistici votazioni esami](#)**Teaching language**

Inglese

Educational And Training Objectives

This course will provide an introduction to the discipline of Health Psychology through an analysis of key contributions of social psychology that can help us to understand and modify health behavior. Besides from passing on theoretical content, during the course an interactive teaching style will be adopted that will ask an active participation of the students.

Pre-requisites

In order to participate you must have completed an introductory course in Social Psychology. In addition, a good understanding of the English language is necessary as the course will be taught in English. It is also desirable to have an active knowledge of the English language in order to intervene during the lessons.

Course content

After a brief introduction explaining the importance of social psychology in the study of health psychology, this course focuses mainly on the following issues:

1. Models will be introduced that are able to explain and predict health behavior
2. Persuasion: changing health behavior through persuasive messages
3. Social stigma as a source of stress and the study of factors that may limit its negative consequences
4. Medical staff and burnout: empathy, coping strategies and humanization of patients

In addition to the theory, the course provides a practical part in which a specific problem will be discussed applying the knowledge gained during the course.

Recommended reading

Stroebe, W. (2000). Social Psychology and Health. Buckingham: Open University Press. (Chapters 1, 2, 3, 4, 6, and 8)

Major, B. & O'Brien, L. T. (2005). The social psychology of stigma. Annual review of Psychology, 56, 393-421.

Vaes, J. & Muratore, M. M. (2009). Humanizing the medical practice: the role of empathy, human emotions, and coping strategies in creating burnout. Unpublished manuscript, University of Padova, Italy. (will be made available to students on the website of the course).

Teaching methods

The course is organized into theory and practice. In order to develop the theoretical part recent examples of experimental research will be used. For the practical part the active participation of students will be encouraged and a real-life problem will be analyzed.

Assessment methods**Type of examination:** Written**Written examination:** Multiple choice and open questions**Notes**

In order to do the written exam it is necessary to subscribe online, 20 to 7 days before the date of the exam.

COMUNICAZIONI AGLI STUDENTI (a cura del docente)

Nessuna comunicazione disponibile.