



Venerdì 31 Gennaio 2014

[» DPG](#) [» DPSS](#) [» DPA](#) [» BIBLIOTECA](#) [» SICI](#) [» LIRIPAC](#) [» TUTORATO](#) [» SAP](#) [» TIROCINI](#)

Area riservata ai docenti

Utente Password

[» Entra](#)  
[» Problemi di password](#)
[» Lauree triennali N.O.  
DM 17/2010](#)
[» Lauree magistrali N.O.  
DM 17/2010](#)
[» Lauree triennali DM  
270/04](#)
[» Lauree magistrali DM  
270/04](#)

Home / Offerta formativa / Social psychology of health

**SOCIAL PSYCHOLOGY OF HEALTH**

M-PSI/05, 1° anno, 6 crediti

Corsi di laurea / indirizzi:

> Lauree magistrali N.O. DM 17/2010 / [Psicologia sociale, del lavoro e della comunicazione \(M-3\)](#)

Prof. Maass Anne

[Sede e calendario lezioni](#)[Dati statistici votazioni esami](#)**Teaching language**

Inglese

**Educational And Training Objectives**

The aim of the course is to analyze how social psychological principles can help to understand health-related attitudes and behaviors and to design health promotion programs.

**Pre-requisites**

Knowledge of basic processes in social psychology. Excellent English proficiency.

**Course content**

Conceptions of health and illness

Determinants of health behavior: deliberate and automatic goal pursuit

The modification of health behavior

Health-related behaviors: eating, smoking, alcohol consumption

Health-related self-protection

Stress and health

The role of social psychology in health promotion

**Recommended reading**

Stroebe, W. (2011). "Social Psychology and Health", 3rd edition, Open University Press, Buckingham, Philadelphia

**Teaching methods**

The class will be run as a seminar, hence students are expected to play an active role. During each class meeting, the first part will consist of frontal lectures (with the active participation of the students), whereas the last part will be dedicated to the critical discussion of an article. Students will be divided into teams taking opposite stands, either defending or criticizing the article.

**Assessment methods****Type of examination:** Written**Written examination:** Multiple choice and open questions**Teaching tools**

A final written exam at the end of the course will constitute 50% of the grade. The presentation and discussion of articles will make up for the remaining 50% of the final grade.

**Notes**

A final written exam at the end of the course will constitute 50% of the grade. The presentation and discussion of articles will make up for the remaining 50% of the final grade.

**COMUNICAZIONI AGLI STUDENTI (a cura del docente)**

Nessuna comunicazione disponibile.